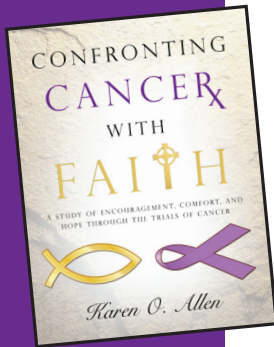


# Karen O. Allen



## Author Bio

After being diagnosed with breast cancer, Karen Allen's work in cancer research became personal. She still confronts it every day through her job as a clinical trials administrator at the University of Alabama at Birmingham's Comprehensive Cancer Center.

Karen and her husband live in Birmingham, not far from their hometown of Sylacauga, Alabama, where they were high-school sweethearts. They have no children but enjoy the companionship of their two dogs. Karen has served as a pet therapist and also a hospice volunteer.

A talented singer and instrumentalist, Karen is active in her church's music programs and women's ministry. She also participates in local and international missions while balancing her own Ewe R Blessed Ministry activities and mentoring interests.

## Book Recap

In this award-winning 6-week Bible study, readers find encouragement, comfort, and hope through each step of the cancer journey. A deeper relationship with God will result as one's faith is strengthened through the trials of cancer.

Five weekly lessons, 20–30 minutes each, incorporate:

- Poignant stories and insights
- Lots of scripture and biblical parallels
- Personal reflection and meditation
- An opportunity to express feelings and experiences



Designed for individual study or small groups (e.g. church, cancer support), this interactive, conversational guide provides practical applications for the patient, caregiver, or loved one coping with cancer. Readers are encouraged to incorporate their "cancer world" into an unforgettable time of spiritual renewal.

## Speaker Topics:

- **Confronting Cancer (Crisis) with Faith:** Highlights from the book are discussed. Can also be geared towards chronic conditions or crises not related to cancer.
- **Pain with Benefits:** God's glory can often best be revealed through pain and suffering. Karen highlights benefits to suffering that can lead to a greater understanding and deeper relationship to God.
- **Beyond the Diagnosis:** Spirituality can play an integral part in healing. Geared towards the medical community, Karen addresses how to incorporate spirituality into the medical setting.
- \* **Other Topics:** When Life Gets Baaa...ad, Ewe Can Still Be Glad; Ewe Need a Shepherd; Music Therapy to Confront Life's Challenges; You Are Blessed; Plugs and Outlets; Unexpected Blessings; The Good, the Bad, and the Godly; Commissioned to Missions; Taking Your Faith Where It's Never Been Before

For more info, or to schedule  
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